










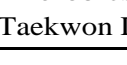






Downtown YMCA * Gymnasium Schedule June 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00 AM	Aerobics									
6:30 AM										
7:00 AM	6:00-7:00									
7:30 AM										
8:00 AM										
8:30 AM	Aerobics	Aerobics	Aerobics	Aerobics	Aerobics	Taekwon Do 9:00am				
9:00 AM										
9:30 AM										
10:00 AM										
10:30 AM								8:30-11:00	8:30-11:00	8:30-10:30
11:00 AM										
11:30 AM										
12:00 PM										
12:30 PM	8:30-12:30		8:30-12:30							
1:00 PM	Adult B-ball	Adult B-ball		Adult B-ball	Adult B-ball					
1:30 PM										
2:00 PM										
2:30 PM										
3:00 PM	12:45 - 3:00	12:45 - 3:00		12:45 - 3:00	12:45 - 3:00					
3:30 PM										
4:00 PM										
4:30 PM			Kids Zumba	Youth B-ball						
5:30 PM	Aerobics	Aerobics/ Taekwon Do	Aerobics	Aerobics						
6:00 PM										
6:30 PM	5:30-7:30						5:30-6:30	5:30-6:30		
7:00 PM			Volleyball	Dodgeball						
7:30 PM										
8:00 PM										
8:30 PM										
9:00 PM			7:00-9:00	7:00-9:00						
9:30 PM										
9:45 PM										

■ Open Gym
(No full court Basketball)

*** Open Gym subject to YMCA Programs and is for all ages**

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