



We build strong kids, strong families, strong communities.

## **Upcoming CPR/First Aid/AED Certification at the Downtown YMCA**

**Saturday May 1st**

12pm-4pm

**Thursday May 13<sup>th</sup>**

5:30-9:30pm

**Thursday June 10th**

5:30-9:30pm

**Wednesday July 7th**

9am-1pm

### **Cost:**

*Members- \$85, Non-Member- \$110*

**Sign up online or at the Front Desk today!**

**[www.lynchburgymca.org](http://www.lynchburgymca.org)**



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strong families,  
strong communities.

**YMCA of Central Virginia**

**1315 Church Street • Lynchburg, VA 24504**

**Phone 434-847-5597 • Fax 434-846-4702**

*YMCA Mission: To put Christian principles into practice through  
programs that build healthy spirit, mind, and body for all.*